

**THE FUTURE FOOTBALL
CAMP FEATURING THE
EDWARDSVILLE HIGH
SCHOOL STAFF AND
MIDDLE SCHOOL STAFF**

The Future Football Camp will give an opportunity to all incoming 7th & 8th graders to learn individual position skills, football terminology, and essential plays in the offense and defense. They will be coached by the Edwardsville High School football staff and the Lincoln and Liberty Middle School football staff.

The camp will include agility and flexibility segment, an offensive and defensive individual segment, implementation of offense and defense segment. Each camper will receive a Futures Football Camp Shirt on the last day of camp.

This camp will give all campers, parents, and community members an opportunity to meet and interact with the high school football staff, middle school staff, and high school players; as well as learn what skills and techniques are taught at the high school level. While learning the offense and defense now, the campers will be more prepared for their upcoming football season.

CAMP INFORMATION

DATES & TIMES:

July 6 – 8, 2009

TIMES:

10:00 am until 12:30 pm

GRADE:

7th & 8th in the fall of 2009

FACILITIES:

The camp will be held at the Edwardsville High School practice & game field.

COST:

\$55.00 per camper – Cash or Check.
Make checks out to Mark Bliss,
Edwardsville Football.

QUESTIONS:

Mark Bliss at 816.739.5010 or
618.656.7100.
Email: mbliss@ecusd7.org

Or

Kelsey Pickering at 816.885.0529 or
618.656.7100.
Email: kpickering@ecusd7.org

CAMPER INFORMATION

Name: _____

Address: _____

City: _____

Zip: _____

Parent/Guardian: _____

Home Phone: _____

Cell Phone: _____

Emergency Contact and Phone Number:

Camper Profile:

Height: _____ Weight: _____

Age: _____ Grade Next Fall: _____

Offensive Position: _____

Defensive Position: _____

T-Shirt Size Adult: S M L XL XXL

Advanced Registration Deadline:

When you pre-register for the camp the price is \$55.00. If you register the day of the camp the price is \$60.00. Please send registration to: Mark Bliss
6161 Center Grove Rd.
Edwardsville, IL 62025

RELEASE OF LIABILITY

In consideration of the Edwardsville Future Football Camp and granting the camper permission to participate, I hereby state that the Edwardsville Future Football Camp and the individual's representing the Edwardsville Future Football Camp are not responsible for any preexisting injury or recurrence of any undisclosed preexistent injury or illness of the listed camper. I further acknowledge and release the Edwardsville School District, the Edwardsville High School Football Program, the Edwardsville Futures Football Camp and All Coaches and players, and all its participants in said football camp from all liability including claims and suits at law or equity for injury that may result from the camper taking part in the Edwardsville Future Football Camp. _____

INITIALS

I, as a parent or legal guardian, acknowledge and fully understand that the participant will be engaging in activities that involve risk or serious injury and that there may be other risks not known or not reasonably foreseen at this time. I assume all the foregoing risks and accept personal responsibility for any damages following such injury, permanent disability, or death. I hereby consent to said minor's participation and assume all the risks of his/her personal injury that may result from the football camp activities.

_____ **INITIALS**

Parent or Guardian Signature:

_____ Date: _____

SCHEDULE OF CAMP

Typical Camp Day

- 10:00 – 10:20 Dynamic Stretching
- 10:20 – 10:40 Offensive Individual
- 10:40 – 10:45 Water
- 10:45 – 11:05 Offensive Group
- 11:05 – 11:25 Offensive Team
- 11:25 – 11:30 Water
- 11:30 – 11:50 Defensive Individual
- 11:50 – 12:05 Defensive Group
- 12:05 – 12:10 Water
- 12:10 – 12:30 Defensive Team

THE FUTURE FOOTBALL CAMP

FEATURING THE EDWARDSVILLE
HIGH SCHOOL FOOTBALL STAFF
AND MIDDLE SCHOOL FOOTBALL
STAFF



LOCATION:

EDWARDSVILLE HIGH SCHOOL
PRACTICE & GAME FIELDS

DATES:

JULY 6 – 8, 2009

TIMES:

WALK UP REGISTRATION @ 9:30 AM
CAMP 10:00AM – 12:30PM